


General Menu


Trip Name: Rig Date: Launch Date:







Day boxes are packed dinner, breakfast, lunch dry goods. All breakfasts include ½ pound to a pound of coffee per day, depending on your compiled food form preferences. Breakfasts also include juice, and apples/oranges, unless otherwise noted. Dinners include an assortment of hot teas and cocoa. Snacks will be provided each day (1 per person per day) and will include an assortment of sweet and salty items.




Please complete and return your compiled Food Planning Form along with your menu template to customize menu options and accommodate any special needs or food allergies. To moefood@moenkopiriverworks.com

 Grill item, cooked over fire pan charcoals

 Dutch Oven meal

 Pre-made entrees are prepared by a local chef using the highest quality ingredients. The food is then vacuum-sealed and frozen so that you need only to boil water and re-heat the food. All premade meals can be GF as requested

Date Box	Breakfast	Lunch	Appetizer	Dinner	Dessert
Rig day	Bring Your Own Food Can eat Dinner at Lodge				
(Launch day) Day 1	Moe's Pancakes w/bacon	PB&J w/ Bananas Cookies	Brie & Crackers	Wild Salmon, asparagus, garlic mashed potatoes 	Apple Crisp 
Day 2	Bagels & cream cheese w/ Hardboiled eggs	Hummus Pitas	Tomato/ mozzarella	Chicken Pesto Pasta, garlic bread	Angel Food Cake w/Berries
Day 3	Breakfast Tacos	Cold Cut Sammies	Antipasto Salad	Artichoke Lasagna Yams, 	
Day4	Scrommlets	Chicken Caesar on Pita	Eggrolls	Pork & Veggie Stir fry	
Day5	French Toast w/ Breakfast sausage	Caprese salad sandwich	Edamame	Shrimp Tacos w/ River slaw	Frozen Mango & Pineapples
Day 6	Salmon Lox bagels	Taco Salad	Cheese & Crackers	Spaghetti and Meatballs w/Cesar salad	
Day 7	Gallo Pinto	Black Bean and Corn Quinoa	Mixed Greens salad	Brats w/ corn on the cob 	Cookies
Day 8	Breakfast sammies	BLTA	Olive tapenade	Chicken Curry	
Leafy Greens Cut Off date Summer time					
Day 9	Kayaker Quinoa	Mediterranean Tuna Salad Pitas	Pesto Cream Cheese	Kabobs with wild rice 	Pineapple upside-down cake 
Day 10	Cold Cereal w/ Bagels & Cream cheese	Cold Cut Sammies	Veggies & Dip	Grilled Cheese & Tomato Soup	

Day 11	Biscuits and Gravy	Bagel Sandwiches	Guac & salsa	Steak & Veggie fajitas Cilantro- lime rice	Churros
Day 12	Yogurt & Granola English Muffins	Veggie Pitas	Eggrolls	Pasta Primavera w/ chicken sausage	
Day 13	Strawberry Pancakes w/bacon	Salmon Lox on Bagels	Smoked Gouda and Crackers	Steaks and potatoes 	Blueberry & Peach Cobbler 
Day 14	Oatmeal	Mexi Wraps	Spinach Dip	Three cheese Ravioli	
Day 15	Eggs Benedict	Cold Cut Sammies	Edamame	Stuffed Italian Chicken w/ Spanish rice 	Fancy Cookies
Day 16	(Take-out day) Leftovers	Stop en route to Flagstaff (bring \$)			