


## Light Summer Menu


**Trip Name:**      **Rig Date:**      **Launch Date:**



Day boxes are packed dinner, breakfast, lunch dry goods. All breakfasts include ½ pound to a pound of coffee per day, depending on your compiled food form preferences. Breakfasts also include juice, and apples/oranges, unless otherwise noted. Dinners include an assortment of hot teas and cocoa. Snacks will be provided each day (1 per person per day) and will include an assortment of sweet and salty items.

Please complete and return your compiled Food Planning Form along with your menu template to customize menu options and accommodate any special needs or food allergies. To [moefood@moenkopiriverworks.com](mailto:moefood@moenkopiriverworks.com)

 Grill item, cooked over fire pan charcoals

 Dutch Oven meal

 Pre-made entrees are prepared by a local chef using the highest quality ingredients. The food is then vacuum-sealed and frozen so that you need only to boil water and re-heat the food. All premade meals can be GF as requested

Date Box	Breakfast	Lunch	Appetizer	Dinner	Dessert
Rig day	Bring Your Own Food Can eat Dinner at Lodge				
(Launch day) Day 1	Lox on Bagels	PB&J w/ bananas Cookies	Cheese and Crackers	Green Chile chicken Salad 	Frozen mini- cheesecakes
Day 2	Egg Sammies	Hummus & veggie pitas	Spinach dip	Sweet and Sour Pork w/ rice	
Day 3	Heuvos Rancheros	Bagel Sandwiches	Tom/mozz salad	Grilled halibut w/ Wild rice 	Frozen Brownies
Day4	Breakfast Burritos	Chicken Cesar salad on pitas	Antipasto salad w/ lettuce	Thai Chicken Noodles	
Day5	Cold cereal	Caprese salad sandwich	Cheese & crackers	Shrimp scampi w/ green beans	
Day 6	Yogurt & granola English muffins	BLTA	Mango Salsa	Bean and Potato Tacos	Frozen mango & pineapple
Day 7	Breakfast Tacos	Mediterranean Tuna salad on pitas	Veggies & dip	Veggies and Quinoa	

Day 8	Bagels & Cream Cheese w/ Hardboiled eggs	Black Bean Wraps	Guacamole & salsa	Herb chicken Corn on the cob Ranch beans 🔥	Strawberry shortcake
Leafy Greens Cut Off date Summer time					
Day 9	Scrommlets Sausage links	Salmon lox & bagels/cream chs	Egg Rolls	Chicken Curry over rice	
Day 10	Egg and Cheese Muffins	Egg Salad Sandwiches	Edamame	Three Cheese ravioli	Cookies
Day 11	Cold cereal w/ English Muffins	Chicken salad pitas & carrot sticks	Bruschetta	Pasta primavera w/ chicken sausage	
Day 12	Blueberry French toast & bacon	Taco Salad	Guacamole & salsa	Steak fajitas Cilantro-lime rice	Chocolate Cake 🍰
Day 13	Lox and Bagels	Hummus & veggie pitas	Smoked Gouda and Crackers	Veggie Stir-fry Rice	Fortune cookies
Day 14	Chilaquiles w/ chorizo	Cold cut sammies & chips	Chips and Dip	Cheeseburgers w/ Baked beans 🔥	
Day 15	Scrommlets Bacon	Mexi Wraps	Edamame	BBQ pulled pork Buns & Chips Ranch beans 🕒	Lil Debbies
Day 16	<b>(Take-out day)</b> Leftovers	Stop en route to Flagstaff (bring \$)			